



Other Flowering Native Plants

For the Cape Cod Container Garden

Wild Blue Phlox

(*Phlox divaricata*)

Part Shade-Shade,
1-2 feet tall
Blooms May-June
Medium to dry soil

Attracts pollinators
Offers nectar for
hummingbirds



Eastern Prickly Pear

(*Opuntia humifusa*)

Full sun, Dry, sandy soil
Blooms June-August,
Fruits in mid-fall
Up to 18 inches tall,
Usually creeping

Fruit for birds, small
mammals and people!
Provides nectar and
pollen for native bees.



Golden Alexander

(*Zizia aurea*)

Sun-Part shade, 1-2 feet tall
Moist to average soil
Blooms April – August

May host caterpillars of the Black Swallowtail butterfly.
Flowers are attractive to many kinds of insects seeking pollen or
nectar, especially short-tongued bees, such as green metallic bees
and andrenid bees, wasps, flies, and beetles. Other insects include
valuable predator wasps, small butterflies, and long-tongued
bumblebees.



Common Boneset

(*Eupatorium perfoliatum*)

Sun to Shade
Moist to wet soil
Can grow up to 6' tall
Blooms July – October

Attracts
birds/butterflies and
native bees with nectar
Attracts
predatory/parasitoid
insects that prey on
pest insects



Birds Foot Violet

(*Viola pedata*)

Full Sun-Part Shade,
4-10 inches tall
Prefers dry, well-
drained soils
Blooms April – June

Provides nectar for
native bees & butterflies
Larval host for regal
fritillary (*Speyeria idalia*)



Wild Strawberry

(*Fragaria virginiana*)

Up to 4in tall
Sun to part shade
Dry soil
Blooms April–June
produces fruit

Birds and small animals
eat the berries, Larval
host to Gray Hairstreak,
Attracts native bees



Mountain Mint

(*Pycnanthemum tenuifolium*)

Sun to partial shade,
8 - 20 inches tall
Blooms July –
September

Larval host plant for
gray hair streak
butterfly, attracts a
wide variety of
pollinators



Spiderwort

(*Tradescantia ohiensis*)

Partial to full sun,
2-4 feet tall
Blooms June – July

Attracts pollinators
(bees and hover
flies) & butterflies
Extremely drought-
tolerant, provides
nesting cover.



Pussytoes

(*Antennaria plataginifolia*)

AKA Everlasting, Woman's
Tobacco, Mouse Ear

Under 1 foot tall
Sun – Part shade
Dry soils
Blooms April – June

Host for American Lady
Butterfly, good for
pollinators



Turtlehead

(*Chelone glabra*)

Sun, partial sun
2-4 feet tall
Blooms August

Nectar source for
hummingbirds and
bumble bees: Host
plant for moths &
butterflies



Wild Columbine

(*Aquilegia canadensis*)

Partial – Full shade
Blooms April - June
1-3 feet tall with 1ft
spread

The spurs contain nectar
that attracts long-
tongued bees and
moths, and
hummingbirds who are
specially adapted to
reach the nectar.
Seeds are consumed by
finches and buntings.
Host to the caterpillar of
the Columbine
Duskywing (*Erynnis*
lucilius)

